

MARCH E-NEWSLETTER  
VOLUME 14 • NUMBER 7

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Hello Diana,

## **Your Women's PROBUS Club Newsletter has arrived!**

### **Our next meeting is March 15, 2021 on Zoom**

**10:00 AM - 11:00 AM**

**There is lots of News in this Newsletter – about this month's meeting, about a follow-up to last month's meeting and news about in-person meetings after Covid restrictions are lifted.**

**Please read on – and enjoy!**

#### **ZOOM WEBINAR INFORMATION:**

- You must REGISTER for our meetings IN ADVANCE by clicking on the link below.
- You will receive an email from Zoom with a link to connect with the meeting on the day of the meeting.
- You will also receive reminders a week, and a day before the event.
- On the day of the meeting, please click the link sent by Zoom AND JOIN BY 9:55 AM
- YOUR video and audio will be muted and you will be placed in a 'waiting room' until the meeting starts, and then automatically entered into the event.
- The Questions and Answer feature on the Zoom webinar will be operational and you will be able to forward questions to the

moderator for Dr. Wellington.

Use the button below to register for the March Meeting.

[Click here to register for this meeting](#)

## Presentation

### Dr. Inderveer Mahal "Telemedicine"

Dr. Inderveer Mahal is a family physician at the [CHANGEpain Clinic](#) in Vancouver, British Columbia, and a Fellow at the [Munk School of Global Affairs](#). Dr. Mahal completed both her medical school and residency programs from the [University of Manitoba](#) before completing a Fellowship in Global Journalism from the [Dalla Lana School of Public Health](#) at the [University of Toronto](#).

She has seen how the COVID-19 pandemic has dramatically shifted how Canadians access healthcare. She believes that the era of telemedicine has swiftly and abruptly been ushered in. Telephone visits, video conferencing and a plethora of emerging virtual care apps have become the 'new normal' for patients and physicians alike. But unlike the worlds of e-commerce and fintech—which have been connecting consumers and products for well over a decade—the link between the digital world and healthcare is only in its infancy. Dr. Mahal has said that ensuring that we develop the right kinds of links early on is key to longer-term digital healthcare development.

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## PRESIDENT'S MESSAGE

Spring is in the air! I am so looking forward to the change of season and already enjoying the brighter evenings and better weather.

What a busy month this has been. The Management Committee has been working hard on many fronts planning for the Fall, and dealing with significant changes affecting our club.

First, we welcome two current members who have come forward to fill vacant roles on the Management Committee for the next few months. The Vice-President role became vacant when Lois Woolley moved to the role of Secretary and Carolyn Armstrong has therefore been appointed as Vice-President. Allison Shand has offered to move into the role of Programs Coordinator in the 2021/2022 year and joins the Management Committee as a member at large for the balance of 2020/2021. We are so pleased to have them join us. Margaret Landstrom, chair of the Nominating Committee, would like to hear from other members who would like to get involved, as there are still some positions to fill.

Secondly, in my message to you of 5 February 2021, I mentioned that we were in discussion with Capilano, Golf and Country Club about returning there for in-person meetings when restrictions are lifted. The Management Committee has now been advised that Capilano has changed its rental arrangements, and in fact the meeting room has been renovated and is going to serve the club as a restaurant. We will no longer be able to hold our in-person speaker meetings there. This means we will be changing the location for our meetings in the Fall (subject to Covid restrictions). Further information about this will be sent to you shortly in a separate email message. You will be able to help the Management Committee by responding quickly to the survey question in that email. Your responses will help the Management Committee plan for next year.

We look forward to hearing from you.

Anne Carroll  
President

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[Link to last month's presentation](#)

Link to the recording of Dr. Cheryl Wellington on 8 February, 2021. You may need a passcode which is – **Probus-Feb8**.

[Click here to view](#)

## Follow-up with Dr. Cheryl Wellington

**Tentatively booked for March 29th, 2021 at 10am-11am**

A new zoom link will be forthcoming separately, but the session will be limited to the first 100 people to register.

For those members who have seen Dr. Cheryl Wellington's talk on Dementia, we are organizing an hour's meeting with her to discuss your thoughts on the questions she posed at the end of our meeting. These questions are as follows:

- Would you want to know your risk of Alzheimer's Disease?
- Would you want to be screened for Alzheimer's Disease?
- Would you want to participate in clinical trials?
- What if Canada does not approve Aducanumab?

In order to be interactive, this event will be in Zoom meeting format, so you will need access to your computer/iPad/telephone, camera and microphone. We will discuss the protocol at the beginning of the meeting. We hope you will be able to attend this event.

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## Our Next Scheduled Meeting April 19, 2021 at 10:00 AM on Zoom

### The Royal Canadian Marine Search and Rescue

We will hear about the life-saving work of this marine based Search and

Rescue group which was started in 1978 as the Canadian Coast Guard  
Auxilliary – Pacific.

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## Changed your Email Address?

Follow the link at the end of the newsletter to report your new e-mail address and continue to receive this newsletter.

## Change of Status?

If you have moved or changed your status, or know of any other member who has moved or changed her status, please contact our membership Coordinator: Diana Sonderhoff at [membership@wprobussvan.org](mailto:membership@wprobussvan.org)

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## Your Management Committee 2020/2021

Your Management Committee 2020/2021

The Women's PROBUS Club of North Shore Vancouver's email is [wprobussvan.org](http://wprobussvan.org) Please contact the following Committee members using these email addresses:

President

**Anne Carroll**

[president@wprobussvan.org](mailto:president@wprobussvan.org)

Programs

**Joan McLeod**

[programs@wprobussvan.org](mailto:programs@wprobussvan.org)

Zoom Coordination

**Gail Fleming**

[tech/zoom@wprobussvan.org](mailto:tech/zoom@wprobussvan.org)

Communications

**Alison Watt**

[communications@wprobustnsvan.org](mailto:communications@wprobustnsvan.org)

Membership

**Diana Sonderhoff**

[membership@wprobustnsvan.org](mailto:membership@wprobustnsvan.org)

Special Events

**Ann Mitchell**

[specialevents@wprobustnsvan.org](mailto:specialevents@wprobustnsvan.org)

**Your other Committee Members are:**

**Treasurer:** Gail Fleming; **Past President:** Margaret Landstrom; **Vice President:** Carolyn Armstrong; **Secretary:** Lois Woolley; **House:** Fran Hodgkins and Joanne Pugh; **Members at Large:** Wendie Kottmeier, Charity (Georgie) Reddington and Allison Shand.

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