



## The Women's Probus Club of North Shore Vancouver

Stay Connected



[www.wprobusnsvan.com](http://www.wprobusnsvan.com) password **NSW2020**

### NEWSLETTER

January 2022

Vol 15: No. 5

### IMPORTANT MEETING CHANGES!!

**FOR MEMBERS' SAFETY, WE ARE RETURNING TO VIRTUAL ZOOM WEBINAR MEETINGS STARTING WITH OUR JANUARY 17<sup>th</sup> MEETING.**

As in the past, you will be emailed ZOOM registration information to register to join the January 17<sup>th</sup> 10:00 am Webinar well in advance of the event and then a ZOOM link will be forwarded for you to join in for the live speaker event.

In-person, Kay Meek speaker events are being replaced by Zoom Webinars as least for the January and February Speaker Events. The rapidly evolving Covid-19 situation will be re-assessed for when it is safe to return to in-person meetings.

**JANUARY SPEAKER – Ms. Sachedina, General Counsel and Chief Legal Officer,  
Provincial Health Service  
Monday January 17, 2022 at 10:00 am on Zoom**

**Ms. Zulie Sachedina**

**Topic: Globalization, Health Care and post Covid challenges**

Ms. Sachedina is responsible for overseeing the Legal, Risk, Privacy, the Patient Care Quality, and the Technology Development offices at the BC Provincial Health Services Authority.

To ask the speaker questions, you can forward in advance questions to be asked to [presidentwprobussvan@gmail.com](mailto:presidentwprobussvan@gmail.com) or through the Zoom App type in questions during the event to be asked.



~~~~~

**PRESIDENT'S MESSAGE**

Happy New Year Probus Ladies,

2022 unfortunately brings a rapid transmission rate of COVID-19 Omicron variant throughout our communities, resulting in all time high cases. As a result, your Club Management Committee has decided for the safety of members, volunteers and speakers, to return to holding virtual ZOOM Webinars for our upcoming January and February Speaker Events. Kay Meek Arts Centre has been a great partner in the past 6 months mitigating health risks for our in-person meetings, however, we are in a new situation now and are taking the safest option. The COVID-19 situation will be assessed regularly going forward for when it is safe to return to in-person meetings. You will be emailed Zoom registration information for the January 17<sup>th</sup> event and then a link to sign on for the live event. ZOOM is an easy and safe way to participate and be enlightened by a dynamic line up of speakers.

We had a great wrap up to 2021 and celebrated the season with an upbeat performance by The Hot Mammias. There was a turnout of 152 and each member received a goodie bag of Christmas treats to take home. Big thanks to our Events and House Committees for putting this together. Our January 17<sup>th</sup> speaker Ms. Sachedina of Provincial Health Service will present a timely and important perspective on the Global impact of Covid and our healthcare systems. Be sure to register for this ZOOM event. Also, if you have any questions for the speaker, you can email them to me in advance or type them through the Zoom the day of the event.

Stay connected with Club activities through our monthly newsletters and Club website. If you are looking to get involved as a volunteer on our Management Committee, please contact me at [presidentwprobussvan@gmail.com](mailto:presidentwprobussvan@gmail.com), we are still in need of 2 more Management Committee Members.

Sincerely,  
Carolyn Armstrong, President

## CHRISTMAS EVENT – MONDAY December 20, 2021 – The HOT MAMMAS



The Hot Mammamas gave us a polished and enjoyable morning of entertainment for the final Probus gathering of 2021. The ladies and their excellent pianist/accompanist provided a professional program of old classics and newer arrangements putting everyone in the holiday spirit.

Upon departure from the Kay Meek Arts Centre, members received a bag of treats which had been assembled by a dedicated group of Management Committee elves.

### WEBSITE

We hope you started to access our newly launched website. The Members Information section is password protected for current members only – password is **NSW2020**. Check regularly for updated information:

- Most recent Newsletter – you will always have access to your newsletter as well as past copies
- Updated Speaker Schedules
- COVID-19 Protocols and Waiver of Liability
- New Photo Gallery
- Updated Management Committee Members – Names and contact information on your MC members
- Volunteer Positions needed - Want to volunteer, check positions open now
- PROBUS Travel Insurance – If you are a travelling Snowbird, it is worth checking into the PROBUS discount with Johnson, Inc. MEDOC Travel Insurance

~~~~~

The February Probus Meeting will be held on **Monday February 28, 2022. PLEASE NOTE THE DATE 10 am on Zoom.**

**Speakers: Dr. Barbara Hilden, Curator and Dr. Jessica Bushey, Archivist, Museum of North Vancouver Archives Society.**

**Topic:** *New MONOVA Museum and a Photographic history of North Vancouver*

The new museum of North Vancouver (MONOVA) opened on 4 December – and is located at 115 West Esplanade, North Vancouver – just one block from Lonsdale Quay and the Shipyards.

<https://monova.ca/>

## Introducing the Management Committee members



### **Carolyn Armstrong – President**

Born and raised in Vancouver, I started my career in clinical sciences then moved to Toronto serving 18 years as an executive in the medical, biotech and pharmaceutical industries. Retiring back to Vancouver and volunteering on several strata councils, executive board of a yacht club and now Probus MC. My passions include travel, boating, cooking, golfing, hiking and reading.

### **Allison Shand – Programs Chair**

I'm a Vancouverite, born and bred. I met my husband in high school and we bought our first house on the north shore in 1975. I worked as a flight attendant for 35 years and have been on every continent in the world BUT Africa. So after covid we hope to travel there. I am an avid golfer, left tennis for pickleball, enjoy my book club and 5 granddaughters.



### **Diana Sonderhoff – Membership Chair**

Born in England emigrating to Canada in 1963, I worked as a recreation therapist in long term care. After retirement volunteering on the WVC Arts Council and BP Homeowners Association and Probus management teams. I have volunteered at the West Van Community and Senior Centre for over 30 years. My interests include languages (French and Swedish), gardening, walking, the environment and keeping up with world politics.

### **Alison Watt – Newsletter/Communications**

Alison was born in the UK and emigrated to Canada in the 1970s. She worked as an administrator at SFU for over 30 years. Her adult children now live in Seattle and London, England. She loves to read, travel, walk and has a life-long interest in politics and the environment. Favourite foreign destination – New Zealand.



We will highlight members of the Management Committee each month.

---

We acknowledge the opportunity to live, work, play, and learn on the traditional territory of the Squamish (sk̓wx̓wú7mesh), Tsleil-Waututh (selílwitlh), and Musqueam (xʷməθkʷəy̓əm) peoples.