



The Women's Probus Club of North Shore Vancouver

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www.wprobusnsvan.com password **NSW2020**

NEWSLETTER

March 2022

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**IMPORTANT! FOR MEMBERS' SAFETY, WE ARE CONTINUING WITH VIRTUAL
ZOOM WEBINAR MEETINGS for March
NEXT MEETING WILL BE ON ZOOM ON MARCH 21, 2022 AT 10:00 AM**

ZOOM WEBINAR INFORMATION:

- You must REGISTER for our zoom meetings IN ADVANCE by clicking on the link below.
- You will receive an email from Zoom with a link to connect with the meeting on the day of the meeting.
- You will also receive reminders a week, and a day before the event.
- On the day of the meeting, please click the link sent by Zoom and JOIN BY 9:55 AM
- YOUR video and audio will be muted and you will be placed in a 'waiting room' until the meeting starts, and then automatically entered into the event.
- The Question and Answer feature on the Zoom webinar will be operational and you will be able to forward questions to the moderator.

[Click HERE to register for the March 21st Probus Meeting](#)

We are continuing with Zoom Webinar speaker meeting this month, but the good news is that we are planning to return to in-person meetings in April, May and June at the Kay Meek Theatre – subject to the continuing lifting of restrictions.

**MARCH SPEAKERS – Ms. Kelsey Bradshaw and Ms. Clair Parke, Stellow Interior Design
Monday March 21, 2022 at 10:00 am on Zoom**

Title: 5 tips to make your home feel more designed and complete.



Designers Kelsey Bradshaw and Clair Parke of Stellow Interior Design will take us through their top five tips to make your home feel more designed and complete. From lighting to accessories and more, their talk will shed some light on how designers bring a home together, making it both functional and stylish.

Stellow Interior Design is a full service, residential interior design firm founded by design partners Kelsey Bradshaw and Clair Parke. With young, busy families Kelsey and Clair are passionate about creating spaces that are highly functional, liveable and (just as important) beautiful. The homes they design are well intentioned and reflect how their clients live and use their space.

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**PRESIDENT'S MESSAGE**

Dear Probus Ladies,

It is good news to see we are through the worst of the COVID Omicron wave and are now on the down slope of case numbers. We will continue with our Zoom sessions for March, but will be going back to IN-PERSON meetings at Kay Meek Arts Centre for our April through June sessions. We will continue with COVID Protocols requiring masks, vaccine passports along with the spaced seating as we had last fall. Details on registering and protocols will be in the next April Newsletter.

We were treated to a great presentation by Simon Diersh, Acting Curator of the North Vancouver Museum and Dr. Jessica Bushey, Archivist for the North Vancouver Archives. The new museum is an amazing showing of local history and culture, a must see, and the Archives are a treasure for anyone wanting to research local history. Thanks to Gail Youldon and Gail Fleming for again running a flawless ZOOM Webinar. We had a great turnout of 104 joining in both from our Club as well from the North Shore Men's Club. It is nice to be able to reciprocate sharing interesting sessions between our Clubs. With Spring just around the corner, our next speakers March 21<sup>st</sup> via ZOOM are very timely as we look to Spring cleaning and refreshing our homes. Kelsey Bradshaw and Clair Parke from Stellow Interior Design are going to take us through their top five tips to make your home feel more designed and complete.

I would like to thank the two ladies that keep you up to date and connected with our monthly newsletter and reminder notices. Alison Watt our Communications Coordinator who writes and pulls the relevant information from other Management Committee members into an informative newsletter every month. And Alison Parkinson, Membership Committee, who maintains the member email list to send the newsletters and reminder notices out to you in timely fashion.

We are coming up to our Annual AGM in June and nominations for Management Committee Members. We have several positions coming available and would like members looking to get more involved in their PROBUS Club to contact me and see how they can contribute. The Club is dependent on its volunteers so I urge you to consider participating. You can contact me at [presidentwprobussvan@gmail.com](mailto:presidentwprobussvan@gmail.com)

Sincerely,  
Carolyn Armstrong, President

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February Speakers – Monday February 28, 2022

Mr. Simon Diersch, MONOVA and Dr. Jessica Bushey North Vancouver Archives

Simon Diersch, the newly appointed acting curator of MONOVA (The Museum of North Vancouver), gave us an introduction to the new Museum in the Lonsdale Quay/Esplanade part of North Vancouver. The museum was most recently housed in Presentation House at 3rd and Chesterfield in North Vancouver but has moved into its new, purpose-built space in Lower Lonsdale. The new facility has allowed the museum to embrace its responsibilities to promote reconciliation between indigenous and non-indigenous people. The three main themes are a Passion for Place, the development of Industry, and the relationship with Nature. Programming is guided with input from the Indigenous Relations Advisory Committee. In addition to regular admission, MONOVA offers annual and supporter memberships with a variety of additional perks. Simon encouraged everyone to come and visit.

Dr. Jessica Bushey, Archivist at MONOVA explained that the Archives located in the former Lynn Valley Elementary School on Institute Road in Lynn Valley is the Archives for both the City and the District of North Vancouver. Many of the records are available on-line but the Archives is also open to the public for private research. During the Covid-19 pandemic, the Archives ramped up its production of on-line exhibits as well, such as this one featuring mountaineering photographs from the 1920's <https://monova.ca/neal-carter/>

A question was posed during the Q and A session about the recent article in the North Shore News with indicated links to slavery. Dr. Bushey has provided the following additional information and interesting links related to that issue:

Dr. Bushey email to Carolyn Armstrong: “Just to follow up, the archives has provided North Shore News with photographs taken at Moodyville to supplement the story. We do not have any information

about the Heywood-Lonsdale connection to Moodyville, other than a photocopied bit in the subject files about the family.

Regarding any connection between the Black community and Moodyville:

There are photographs of early pioneers Josephine and Phillip Sullivan at the City of Vancouver Archives. They worked and lived in Moodyville for a short time. MONOVA Archives has a Moodyville expense logbook with a reference to their son Arthur, but this is the only connection in our holdings to anyone of the Black community on the North Shore during those early years.

One resident of the early 1900s (not connected to Moodyville):

[“Fitz” St. John: A Longshoreman’s Longshoreman – ILWU Canada](#) Longshoreman and union organizer ‘Fitz’ Clarence St. John who built a house in North Vancouver.

This is the only photograph of Fitz in the MONOVA archives collection

- <https://eloquent.dnv.org/nvma/permalink.html?key=11509> . His son had a barbershop on Lonsdale in the mid 1900s.

The only information that addresses racism against people of the African heritage is from Valerie Jerome’s oral history interviews about growing up in North Vancouver in the 1950s and John Braithwaite’s interview about moving to North Vancouver in the 1960s or 70s.”



The new museum of North Vancouver (MONOVA) opened on 4 December, 2021 – and is located at 115 West Esplanade, North Vancouver – just one block from Lonsdale Quay and the Shipyards.

<https://monova.ca/>

WEBSITE

We hope you started to access our newly launched website. The Members Information section is password protected for current members only – password is **NSW2020**. Check regularly for updated information:

- Most recent Newsletter – you will always have access to your newsletter as well as past copies
- Updated Speaker Schedules
- New Photo Gallery
- Updated Management Committee Members – Names and contact information on your MC members
- Volunteer Positions needed - Want to volunteer, check positions open now
- PROBUS Travel Insurance – If you are a travelling Snowbird, it is worth checking into the PROBUS discount with Johnson, Inc. MEDOC Travel Insurance

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## Our April Speaker on Monday April 25, 2022 10:00 at Kay Meek Arts Centre in person

**Ms. S.Siobhan McCarthy *Product Specialist, Formulator & Plant Medicine Educator will be speaking on Using cannabis as a supportive medicine for health and well-being, focusing on topicals and CBD (Cannabidiol)***

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Introducing the Management Committee members



Alison Parkinson – Membership

Born in England, I have lived on the North Shore since the late 1960s. After several years as a high school and adult math and science teacher, I became a technical writer creating user guides and training courses for several computer systems. As a volunteer, I tutored ESL to new immigrants and reading in schools.

In the past I kayaked and explored the world and now enjoy nature, gardening, walking and aquafit.

Marie Harlow – Member at Large – Website

I was born in Winnipeg where I worked in banking, Industry and in Insurance before moving to Vancouver in 1995. I obtained my accounting degree (CMA now CPA) in 1990 and have mostly worked in finance – Corporate, Government and with my own Management Consulting business for 10 years. I decided to broaden my knowledge and took the Integrated Energy Healing program at Langara College.

I recently semi-retired and now focus on integrating accounting and my holistic background, currently working in the Health and Wellness industry. I have a passion for helping others which I attribute to my mom, the nurse who spent the last decade of her career helping polio patients. I have volunteered with Big Sisters and have served on two Strata Councils. I love to hike, travel and most of all spend time in the woods with my dog.



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We acknowledge the opportunity to live, work, play, and learn on the traditional territory of the Squamish (sḵwx̱wú7mesh), Tsleil-Waututh (selílwitlh), and Musqueam (xʷməθkʷəy̓əm) peoples.