



**The Women's Probus Club of  
North Shore Vancouver**

Stay Connected



[www.wprobusnvan.com](http://www.wprobusnvan.com) NEW password **WProbus2022**

**NEWSLETTER**

January 2023

Vol 16: No. 5

We are at the Kay Meek Arts Centre for our January Speaker  
**Jim Allworth, RBC Wealth Management**  
Monday 16<sup>th</sup> January, 2023 at 10:00 am

**\*\* NEW EASY BOOKING SYSTEM \*\***

All you need to do is send an email to [reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com)  
and let us know that you are coming, along with any guests

January 16th Refreshments between 9:15 – 9:45 am  
Kay Meek Lobby with Coffee, Tea, and goodies

**Come early (9:15) and enjoy!**



**Advance notice:** February 1, 2023 10:30 am - Seminar on Emergency Preparedness  
for Probus members at the West Vancouver Memorial Library – See Future Events on page 4

## January 16<sup>th</sup> Speaker

**Jim Allworth – Vice-President and Director, RBC Wealth Management, RBC Dominion Securities**

Title: *Where do we go from here? Investment Strategies for Today's Markets*

Mr. Allworth offers a compelling look at the global economy, investment trends, and opportunities.

Raised in Toronto, Jim has resided in Vancouver with his wife Rojeanne since 1975. He is a graduate of Simon Fraser University.

Jim has been in the investment business for more than 50 years, as both a research analyst and portfolio strategist. Through more than four decades at RBC Dominion Securities Jim has developed investment policy for the firm and translated that into solutions for individual clients. He is the RBC Dominion Securities investment strategist and Co-Chair of the firm's Global Portfolio Advisory Committee.



## **PRESIDENT'S MESSAGE**



### **Greetings for the New Year 2023,**

It is the start of a new year and time for members to step up and VOLUNTEER! Social interaction and engagement activities are a great way to enhance your life and wellbeing. Our Club exists solely due to the volunteer efforts of our Management Committee (MC) members, bringing you events, communications and a lot of behind-the-scenes organization. This coming year in June, we will be losing some long serving Management Committee members and need new volunteers to step up and participate. New volunteers can join the MC this spring to learn the duties to take over in June 2023.

Our goal on the MC is to have a least 2 volunteers for each position, so members remain free to travel or have personal down time with a back-up. The MC meets via Zoom once a month to conduct business of the Club. The following MC positions are coming available for June 2023:

- **Vice- President** – Supports the President and takes over as President in June 2024
- **House Committee Chair and Co-Chair (2)** - Responsible for organizing event refreshments and front of house logistics (registration, layout, meeting volunteers, caterer)
- **Speaker Program Chair and Co-Chair (2)** - Responsible for identifying and booking stimulating speakers for the year event calendar.
- **Communications (1)** - To assist in preparing the monthly member newsletter
- **Special Events (1)**- To assist in planning and booking special outings for members including the Christmas Event.

If you have not already served on the MC, please seriously consider volunteering for one of these upcoming positions this year. To volunteer or if you have any questions please contact me at [presidentwprobussvan@gmail.com](mailto:presidentwprobussvan@gmail.com)

I look forward to welcoming new members to our MC this year. Make it your year to volunteer.

Sincerely,  
Carolyn Armstrong, President

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## Kay Meek Arts Centre - COVID-19 Meeting Protocols for our meetings

When attending PROBUS Club in-person meetings at Kay Meek Arts Centre, Members and Guests are asked to comply with the following protocols for the safety of all members and Kay Meek staff.

- All attendees should rsvp by email to [reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com) if possible by Thursday 12 January - we need the numbers for our catering order please.
- Masks are no longer required in indoor settings but encouraged in spaces where physical distancing is difficult to maintain. Kay Meek Arts Centre encourages you to continue to wear your mask when attending an event in its venue.
- Refreshments are not permitted in the Kay Meek theatre, however water bottles are allowed.
- If you are not feeling well or have any COVID symptoms, we ask for the safety of other members you do not attend.

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All you need to do to attend is send an email to [reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com)  
(you can copy and paste this email address into your email)  
and let us know that you are coming, along with any guests  
There will be no reserved seats and all the seats will be available in the theatre.

### Guests are welcome

If you want to bring a guest to a Probus Speaker meeting, please follow these steps

- Include your guest when you confirm your attendance by email
- Bring the guest early and let her/him know that she/he will need to sign a Covid-19 Liability Waiver.
- There is a charge of \$10 per guest – please proceed to the membership table and pay and register your guest. **Please Note that if your guest decides to become a member of our Probus club, this \$10 charge can be deducted from the membership fee.**

Bringing a guest is an excellent way of introducing potential new members to our Probus group.

## We also welcome these new members to the Probus Club

Judith Berg  
Roberta Hewat  
Margot Ketchum

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## Future Events

### **1 February, 2023 Special Event – Emergency Preparedness**

**West Vancouver Memorial Library** 1950 Marine Drive, West Vancouver, BC V7V 1J8

- We invite our members to attend a free “Emergency Preparedness” event. This 45 minute presentation provided by North Shore Emergency Management reviews the potential hazards North Shore residents could face, and how to be resilient! We’ll teach participants how to create an emergency plan and kit.
- **10:30 am start – Doors to the Library open at 10 am.**
- Afterwards, lunch and socializing possibly at “Casa Mia Cucina” at 2215 Marine West Vancouver (individual costs)
- Please send Barbara an email at [info@barbarab.ca](mailto:info@barbarab.ca) if you would like to attend this event, and indicate whether or not you would like to join the group at lunch following the presentation.

## FUTURE SPEAKER EVENTS

**13 February, 2023 – Vickie Jensen, Author – The Story of British Columbia’s World Class Undersea Tech Industry**

**20 March, 2023 – Jane Jordan – What is Palliative Care? Jane is Coordinator of the Every Day Counts palliative care program in North Vancouver**

**17 April, 2023 – Dr. Hilary Letwin, Administrator and Curator of the West Vancouver Art Museum  
Topic: The Life and Work of the late Cornelia Hahn Oberlander, CC., OBC, Landscape Architect**

**15 May, 2023 Dr. Paul Evans, Professor UBC. Topic: Navigating a Cold War with China**

**19 June, 2023 AGM and Lydia Cruttwell--Pacific Assistance Dogs Society. PADS  
Topic: Changing Lives - One Dog at a Time**

## December Christmas event

### Amy Newman and the Christmas Revelers

Despite the cold and icy conditions on Monday 19 December, about 80 members and guests attended the Christmas event. Amy Newman was accompanied by Theo, Jenny and Anthony in bringing a great selection of Christmas carols and holiday favourites. Performing in 19<sup>th</sup> century period costume which added to the spirit of the season, the quartet performed an hour long program of delightful music. Many of the songs had updated musical arrangements which showcased the vocal talents of the singers. Amy added interesting historical notes about various pieces of music. This a cappella caroling quartet was well received and was a great way to start the holiday season.

The event was enhanced by seasonal refreshments by Modern Pantry, festive décor (courtesy of Anne Adams), and Probus chocolates handed out by volunteers to members as they departed the event.



**THEO**

**JENNY**

**AMY**

**ANTHONY**

## WEBSITE

Members Information section is password protected for current members only – password is **WProbus2022** Check regularly for updated information:

- Most recent Newsletter – you will always have access to your newsletter as well as past copies
- Updated Speaker Schedules
- Reservation instructions
- COVID-19 Protocols and Waiver of Liability
- Photo Gallery
- Special Events and Outings

### Management Committee Contacts:

President – Carolyn Armstrong – [presidentwprobusnsvan@gmail.com](mailto:presidentwprobusnsvan@gmail.com)

Vice-President – Anne Adams – [reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com)

Secretary – Heather Miller – [infowprobusnsvan@gmail.com](mailto:infowprobusnsvan@gmail.com)

Membership – Diana Sonderhoff – [membershipwprobusnsvan@gmail.com](mailto:membershipwprobusnsvan@gmail.com)

Newsletter mailings/website – Marie Harlow – [northshoreprobus@gmail.com](mailto:northshoreprobus@gmail.com)

Events – Fran Hodgkins – [eventswprobusnsvan@gmail.com](mailto:eventswprobusnsvan@gmail.com)

Special Events – Barbara Budzynski - [Info@barbarab.ca](mailto:Info@barbarab.ca)

Newsletter Editor – Alison Watt – [communicationswprobusnsvan@gmail.com](mailto:communicationswprobusnsvan@gmail.com)

If you have any feedback or suggestions about the speaker sessions or events, or please contact the appropriate Management Committee Member.

Please also let one of us know if you haven't been receiving the newsletter. But please check in your spam folder first. Thank you!



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We acknowledge the opportunity to live, work, play, and learn on the traditional territory of the Squamish (sk̓w̓x̓wú7mesh), Tsleil-Waututh (selílwitulh), and Musqueam (xʷməθkʷəy̓əm) peoples.