



The Women's Probus Club of North Shore Vancouver

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www.wprobusnsvan.com password **WProbus2022**

NEWSLETTER

February 2023

Vol 16: No. 6

Meeting at Kay Meek Arts Centre for our February Speaker

Vickie Jensen, Author

The Story of British Columbia's World Class Undersea Tech Industry

Monday 13th February, 2023 at 10:00 am

**** NEW EASY BOOKING SYSTEM ****

All you need to do is send an email to reservationprobus.aea@gmail.com

and let us know that you are coming, along with any guests

(we need to know because of the catering order, and also we pay a per person charge to Kay Meek)

February 13th Refreshments between 9:15 – 9:45 am

Kay Meek Lobby with Coffee, Tea, and goodies

Come early (9:15) and enjoy!



February 13th, 2023 Speaker

Vickie Jensen, Author – The Story of British Columbia’s World Class Undersea Tech Industry

Vickie Jensen has built her writing career around the importance of documenting and celebrating work. As editor of *Westcoast Mariner* magazine she travelled on coastal tugs, charter yachts, dredges, ferries and water taxis for nearly four years, interviewing skippers, crews and owners about maritime life.

She is the author of *Saltwater Women at Work* and *Working These Waters*, and coauthor of the children's book *Build Your Own Underwater Robot and Other Wet Projects*. For three decades, she and her husband Jay Powell have also worked with First Nations elders to produce more than thirty schoolbooks, documenting a variety of Native languages spoken on the Northwest Coast.

In her new book about the Undersea Tech industry published in 2021, Vickie explores the fascinating story of British Columbia’s rise to become a world leader in this industry, profiling trailblazing innovators and newcomers to the field, and tracing BC’s colourful history and bright future as a front runner in the world of subsea technology innovation.



REMINDER - 1 February, 2023 Special FREE Event – Emergency Preparedness

West Vancouver Memorial Library 1950 Marine Drive, West Vancouver, BC V7V 1J8

We invite our members to attend a free “Emergency Preparedness” event. This 45 minute presentation provided by North Shore Emergency Management reviews the potential hazards North Shore residents could face, and how to be resilient! We’ll teach participants how to create an emergency plan and kit. **Friends and family members are welcome at this event.**

10:30 am start – Doors to the Library open at 10 am.

Afterwards, lunch and socializing possible at “Casa Mia Cucina” at 2215 Marine West Vancouver (individual costs)

Please send Barbara an email at info@barbarab.ca if you would like to attend this event, and indicate whether or not you would like to join the group at lunch following the presentation.

Management Committee Volunteers Needed for House Committee – Chair and Co-Chair Duties June 2023 – June 2024

Fran Hodgkins and Joanne Pugh will be retiring from many years volunteering to serve on the House Committee and Management Committee this coming June. We are extremely grateful for their time in organizing and planning the many House duties at our Club's events. We are looking for **TWO VOLUNTEERS** to take over from Fran and Joanne, who could come on this spring to learn from their experience and serve on the House Committee and Management Committee next year. The following are the duties and time for these positions.

- Participate on the Management Committee with monthly ZOOM meetings on running the Club
- Liaise with Kay Meek prior to each monthly Speaker Meeting (Sept – June – 10 in total) requesting number and set up of Lobby tables, chairs, check room
- Arrange for the Volunteers and Greeters who welcome and count members upon their arrival
- Order Name Tags when requested by Membership for new members
- Order refreshments from a specific caterer for each Probus Speaker Meeting and the special Christmas Event
- Order any Probus Logo chocolate coins when requested for special events: i.e. Christmas, Valentines, St. Patrick's etc.
- Take photos at meetings for Website Photo Gallery and Newsletters
- Order and pick up lunch for the annual year end Management Committee at an off-site venue.

Fran and Joanne are very willing to assist the new House Chair and Co-chair in the transition.

Our goal is to have 2 members on every committee so volunteers remain free to travel or take time for personal downtime. Other Management Committee members also pitch in and assist as needed.

If you like planning and organizing social events, this is an opportunity to volunteer for these position. Please contact Carolyn Armstrong, President at presidentwprobussvan@gmail.com

PRESIDENT'S MESSAGE

Dear Probus North Shore Ladies,

We had a great Speaker Meeting in January with 98 members in attendance to hear about the economy and investments, timely topics in these inflationary and uncertain times. Your volunteer Management Committee members continue to work hard to put on these events attending to the many duties it takes to have members enjoy these meetings.

My message to all members is to consider volunteering this year for the many opening positions on your Management Committee. New volunteers can join the MC this spring to learn the duties to take over in June 2023. In my personal long career as an Executive in business, I have never worked with such a dedicated, supportive and creative group of people as what we have on our current Management Committee. I know any volunteer to this group would find the same.

This month in the newsletter, we are highlighting the House Committee duties performed by Fran Hodgkins and Joanne Pugh. If you like organizing and or hosting social events, then consider volunteering to serve on our House Committee. Fran and Joanne will assist the new volunteers transition into the next year. There are four other Committees needing volunteers – Speaker Programs, Communications, Special Events and Vice President. Please feel free to contact me to volunteer or with any questions on these positions at presidentwprobusnsvan@gmail.com

With the crazy weather patterns this winter bringing power outages, flooding, and snow packed streets, our February 1st FREE Special Event on Emergency Preparedness brings important learnings on how to be prepared in an Emergency. Bring your family members and friends to this important event.

Sincerely

Carolyn Armstrong, President

Our goal on the MC is to have a least 2 volunteers for each position, so members remain free to travel or have personal down time with a back-up. The MC meets via Zoom once a month to conduct business of the Club. The following MC positions are coming available for June 2023:

- **Vice- President** – Supports the President and takes over as President in June 2024
- **House Committee Chair and Co-Chair (2)** - Responsible for organizing event refreshments and front of house logistics (registration, layout, meeting volunteers, caterer)
- **Speaker Program Chair and Co-Chair (2)** - Responsible for identifying and booking stimulating speakers for the year event calendar.
- **Communications (1)** - To assist in preparing the monthly member newsletter
- **Special Events (1)**- To assist in planning and booking special outings for members including the Christmas Event.

If you have not already served on the MC, please seriously consider volunteering for one of these upcoming positions this year. To volunteer or if you have any questions please contact me at presidentwprobusnsvan@gmail.com

Kay Meek Arts Centre - COVID-19 Meeting Protocols for our meetings

When attending PROBUS Club in-person meetings at Kay Meek Arts Centre, Members and Guests are asked to comply with the following protocols for the safety of all members and Kay Meek staff.

- All attendees should rsvp by email to reservationprobus.aea@gmail.com if possible by Thursday 9 February - we need the numbers for our catering order please.
- Masks are no longer required in indoor settings but encouraged in spaces where physical distancing is difficult to maintain. Kay Meek Arts Centre encourages you to continue to wear your mask when attending an event in its venue.
- Refreshments are not permitted in the Kay Meek theatre, however water bottles are allowed.
- If you are not feeling well or have any COVID symptoms, we ask for the safety of other members you do not attend.

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All you need to do to attend is send an email to  
[reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com)  
(you can copy and paste this email address into your email)  
and let us know that you are coming, along with any guests  
There will be no reserved seats and all the seats will be available in the theatre.

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Guests are welcome

If you want to bring a guest to a Probus Speaker meeting, please follow these steps

- Include your guest when you confirm your attendance by email
- Bring the guest early and let her/him know that she/he will need to sign a Covid-19 Liability Waiver.
- There is a charge of \$10 per guest – please proceed to the membership table and pay and register your guest. **Please Note that if your guest decides to become a member of our Probus club, this \$10 charge can be deducted from the membership fee.**
- **AS WE ARE NOW HALF WAY THROUGH THE SPEAKER SEASON, MEMBERSHIP FEE IS NOW \$50 + \$15 FOR YOUR NAME TAG. ENCOURAGE YOUR FRIENDS TO JOIN!** Bringing a guest is an excellent way of introducing potential new members to our Probus group.

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**A warm welcome to our newest Member**

Parin Valiji

## FUTURE SPEAKER EVENTS

**20 March, 2023 – Jane Jordan – What is Palliative Care?** Jane is Coordinator of the Every Day Counts palliative care program in North Vancouver

**17 April, 2023 – Dr. Hilary Letwin, Administrator and Curator of the West Vancouver Art Museum**  
Topic: The Life and Work of the late Cornelia Hahn Oberlander, CC., OBC, Landscape Architect

**15 May, 2023 Dr. Paul Evans, Professor UBC. Topic: Navigating a Cold War with China**

**19 June, 2023 AGM and Lydia Cruttwell--Pacific Assistance Dogs Society. PADS**  
Changing Lives - One Dog at a Time

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January Speaker

Jim Allworth, of RBC Wealth Management talked about the likelihood of a recession in the near future after a lengthy bear market. Looking at the US market indicators – two indicators appear to point towards a recession – 1) a downturn in the US manufacturing sector, and 2) the shape of the Yield curve which currently has short term bond yields higher than the yields on longer-term bond of the same credit quality. [We have seen the central banks pushing up interest rates in an attempt to curb inflation. Credit becomes expensive and harder to get.] He noted that recessions are often shorter in length, but the impact of them is felt or feared for much longer.

Jim mentioned the impact on the global economy of the trend which is now becoming apparent in the decline of the working population in most countries in the world. Using Japan as an example, he noted that in the 1990's Japan was considered one of the most successful economies in the world – possibly destined to overtake the US economy but recent growth in Japan's GDP has slowed to less than 1%. The slower growth caused by the decline in the working population is affecting developing economies (China, India etc.) but will soon have a similar effect in western developed countries/regions. He noted that Canada is well placed in this regard as it has a welcoming immigration policy which counters the effect of the aging work force.

Despite the drenching rain on Monday, a good number of members and a few guests attended this interesting session.

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## WEBSITE

Members Information section is password protected for current members only – password is **WProbus2022** Check regularly for updated information:

- Most recent Newsletter – you will always have access to your newsletter as well as past copies
- Updated Speaker Schedules
- Reservation instructions
- COVID-19 Protocols and Waiver of Liability
- Photo Gallery
- Special Events and Outings

### Management Committee Contacts:

President – Carolyn Armstrong – [presidentwprobusnsvan@gmail.com](mailto:presidentwprobusnsvan@gmail.com)

Vice-President – Anne Adams – [reservationprobus.aea@gmail.com](mailto:reservationprobus.aea@gmail.com)

Secretary – Heather Miller – [infowprobusnsvan@gmail.com](mailto:infowprobusnsvan@gmail.com)

Membership – Diana Sonderhoff – [membershipwprobusnsvan@gmail.com](mailto:membershipwprobusnsvan@gmail.com)

Newsletter mailings/website – Marie Harlow – [northshoreprobus@gmail.com](mailto:northshoreprobus@gmail.com)

Events – Fran Hodgkins – [eventswwprobusnsvan@gmail.com](mailto:eventswwprobusnsvan@gmail.com)

Special Events – Barbara Budzynski - [Info@barbarab.ca](mailto:Info@barbarab.ca)

Newsletter Editor – Alison Watt – [communicationswprobusnsvan@gmail.com](mailto:communicationswprobusnsvan@gmail.com)

If you have any feedback or suggestions about the speaker sessions or events, or please contact the appropriate Management Committee Member.

Please also let one of us know if you haven't been receiving the newsletter. But please check in your spam folder first. Thank you!



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We acknowledge the opportunity to live, work, play, and learn on the traditional territory of the Squamish (s̓k̓w̓x̓w̓ú7mesh), Tseil-Waututh (selílwitlh), and Musqueam (x̓w̓məθk̓w̓əy̓əm) peoples.